And Participation Services

Community Habilitation Community Habilitation and Participation Services means services outside of an individual's home that support, in general, learning and assistance in any of the following areas: (1) self-care, (2) sensory-motor development, (3) socialization, (4) daily living skills, (5) communication, (6) community living, and (7) social skills

> Community Habilitation and Participation Services can be delivered to an individual one-on-one or in a group setting, and in the community or in a facility

The Community Habilitation and Participation Services can be provided within the following categories:

- Community Based Individual CHP-I
- Community Based Group CHP-G
- Facility Based Individual CHP-F
- Facility Based Group CHP-R

Each Category is defined below under Activities Allowed. In general, the Community Habilitation and Participation Services include 1) supervision, monitoring, training, education, demonstration, or support to assist with the acquisition and retention of skills; and 2) Training and education in selfdetermination. These activities are directly related to the Individualized Support Plans. Each individual receiving CHP services works toward acquiring the skills to become an active member of the community. The continuum of services within CHP provides opportunities in the facility based and the community based services to become more independent and more integrated within the generic community activities. Community Habilitation and Participation Services - Individual (CHPI) are intended to build **non paid** relationships and natural supports as a member of the community

Unit of Service

1/4 hour (15 minutes)

Limits

For the DD and Autism Waivers, an individual may receive up to 25 hours per month of CHP – Individual (CHPI)

For the Support Services Waiver, an individual may

This service definition supercedes all previous service definitions for Community Habilitation and Participation Services

receive CHPI hours as needed, taking into account the other needs of respite and CHP G, F, or R and the fiscal cap of the waiver

For Title XX, an individual may receive more than 6 hours (24 units) of CHPI per month if needed; however, one individual is limited to no more that 288 hours (1,152 units) per state fiscal year

NOTE: For Title XX providers of Individual Habilitation per the day services rule, the total "pool" of costs used to figure the 20% allowable for indirect services must be figured annually per each funding source, not all sources added together. For example, under 1801, only 1801 costs can be used to figure the 20% to be billed under 1801

For OBRA services, individuals residing in nursing facilities may access CHP Community Based Individual (up to 25 hours), CHP Facility Based Group, CHP Facility Based Individual and CHP Community Based Group. The authorization of the services is based upon the team meeting recommendations and the approval of the service coordinator. The activities allowed are applicable within the OBRA services.

NOTE: For Title XX providers of Individual Habilitation per the day services rule, the total "pool" of costs used to figure the 20% allowable for indirect services must be figured annually per each funding source, not all sources added together. For example, under 1821, only 1821 costs may be used to figure the 20% to be billed under 1821

Activities Allowed

The following activities are included in Community Habilitation and Participation Services, and services can be provided:

Community Habilitation and Participation – Community Based – Individual (CHPI)

- Focuses on the continuation of the skills already learned in order to build natural supports in integrated settings
- The individual is ready to interact and participate

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in community activities and needs the supports of staff to facilitate the relationship building

- The intent of CHPI is that the paid support staff is needed in order to facilitate the building of the relationships between the individual and other non disabled participants within the activities
- Ideally, the paid staff will not be needed for long term, but that the natural supports will be sufficient to support the individual in the integrated setting and activities
- Individual services 1:1 ratio (1 individual to 1 staff):
 - o Individual activities must be provided on a 1:1 basis
 - ° It is not acceptable to have several individuals in a group with 1:1 staff
 - Each individual should be participating in his or her own activity with appropriate staff

• Examples of CHPI

- Leisure activities and community/public events that are directly related to the outcomes outlined in the Individualized Support Plan
- Educational activities
- ° Hobbies
- Unpaid work experience (i.e. volunteer opportunities)
- Maintaining contact with friends and family
- Training and education in self-determination designed to help individuals achieve one or more of the following outcomes:
 - Develop self-advocacy skills, Exercise civil rights
 - Acquire skills that enable the ability to exercise control and responsibility over services and supports received or needed
 - Acquire skills that enable them to become more independent, integrated or productive in the community

This service definition supercedes all previous service definitions for Community Habilitation and Participation Services

- Services shall be furnished outside of the individual's own home or residential setting and in the community at large (including the homes of other friends and family for social activities)
- Services must complement other services the individual receives and enhance increasing independence and quality of life for the individual

Community Habilitation and Participation - Community Based – Group (CHPG)

- Focuses on the continuation of the skills already learned in order to build natural supports in integrated settings
- The intent of CHPG is that the paid support staff is needed in order to facilitate the building of the relationships between the individual and other non disabled participants within the activities
- The goal is that the paid staff will not be needed for long term, but that the natural supports will be sufficient to support the individual in the integrated setting and activities
- Services shall be furnished outside of the individual's own home or residential setting and in the community at large (including the homes of other friends and family for social activities)
- Services must complement other services the individual receives and enhance increasing independence and quality of life for the individual
- Group services 4:1 ratio (no more than 4 individuals to 1 staff)

Community Habilitation and Participation – Facility Based -Individual (CHPF)

- Focuses on the training and the learning in the areas of daily living skills, educational opportunities, hobbies, leisure activities.
- In addition, the CHPF may focus on developing

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self-advocacy skills, acquiring skills that enable individual to exercise control and responsibility over services and supports received or needed.

- This service is more intense than the CHPR services
- Individual services 1:1 ratio (1 individual to 1 staff):
 - o Individual activities must be provided on a 1:1 basis
 - ° It is not acceptable to have several individuals in a group with 1:1 staff
 - Each individual should be participating in his or her own activity with appropriate staff

Community Habilitation and Participation – Facility Based - Group (CHPR)

- Focuses on the training and the learning in the areas of daily living skills, educational opportunities, hobbies, leisure activities.
- In addition, the CHPR may focus on developing self-advocacy skills, acquiring skills that enable individual to exercise control and responsibility over services and supports received or needed
- Group services 8:1 ratio (no more than 8 individuals to 1 staff)

Activities Not Allowed

Reimbursement is not available for Community Habilitation and Participation Services in the following situations:

- Services that are available under the Rehabilitation Act of 1973 or Public Law 94-142
- Leisure activities that are only diversional in nature, rather than therapeutic in nature
- Activities that do not foster the acquisition and retention of skills
- Activities that would normally be a component of an individual's daily life or services (such as shopping, banking, household errands, medical

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appointments, etc.), regardless of whether the supports for the individual are coming from family or residential provider

- Services furnished to a minor by the parent(s) or step-parent(s) or by the individual's spouse
- Community based activities that are not in an integrated setting. (Staff is not included as a part of an integrated setting)

Service Standards

Community Habilitation and Participation Services should be reflected in the Individualized Support Plan of the individual

- Services must address needs and/or interests identified in the person centered planning process and be outlined in the Individualized Support Plan
- Services may be provided in a facility or in the community

Provider Qualifications

To be approved to provide community habilitation and participation services, an applicant shall:

- Meet the requirements for direct care staff set out in 460 IAC 6-14-5
- An entity shall certify that, if approved, the entity will provide community habilitation and support services using only persons who meet the qualifications set out in 460 IAC 6-14-5

Documentation Standards

Community Habilitation and Participation documentation must include:

- Services outlined in Individualized Support Plan
- BDDS approved provider
- Not-for-Profit status for BDDS state contract
- Data record of staff to individual service documenting the complete date and time entry (including a.m. or p.m.) and the number of units of service delivered that day (attendance log)
- Record of where service took place and number participating in service/activity
- Documentation that supports compliance with staffing ratios per the individual's service planner

This service definition supercedes all previous service definitions for Community Habilitation and Participation Services

- At least one entry each day service is provided, detailing an issue or circumstance concerning the individual and at least the last name and first initial of the staff person making the entry. The entry should be done by the staff person providing the direct service or the person responsible for the individual's plan, detailing the service(s) provided
- Documentation in compliance with 460 IAC 6